



Date: March 17, 2014
To: CACFP Participants
From: Community Nutrition Team
Subject: The Two Bite Club: Printed Copies in English and Spanish Are Now Available

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The Food and Nutrition Service provides free print materials to schools, summer sites, and child care entities (centers, homes, and sponsors), that participate in the U.S. Department of Agriculture's Child Nutrition Programs. To request print copies, use the online order form: <http://tn.ntis.gov/>



The Two Bite Club

Printed Copies in English and Spanish Are Now Available!

This educational storybook introduces MyPlate to young children. Parents or caregivers read the book to children and encourage them to try foods from each food group by eating just two bites, just like the characters in the story. The back of the book contains a MyPlate coloring page, a blank certificate for the Two Bite Club, fun activity pages for kids, and Tips for Growing Healthy Eaters.

Visit the Team Nutrition Web site to learn more.

<http://www.fns.usda.gov/tn/two-bite-club>

<http://teamnutrition.usda.gov>

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Community Nutrition Team
Wisconsin Department of Public Instruction

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